



SPARK FITNESS **EXCLUSIVE** **FITNESS PACKAGE**



+91 87635 89199 / 90903 53955



Plot 716, Nayapalli, Near Kalinga Stadium,
Bhubaneswar

GENERAL MEMBERSHIP

Monthly:

₹2,500

Quarterly:

₹5,000

(Save ₹2,500)

Half-yearly:

₹7,500

(Save ₹7,500)

Annual:

₹11,999

(Save ₹18,000)

Included:

Machine training • Cardio • Trainer support • Carry-forward option

Annual Bonus:

1 Free PT session • Free diet consultation • Flexible carry-forward

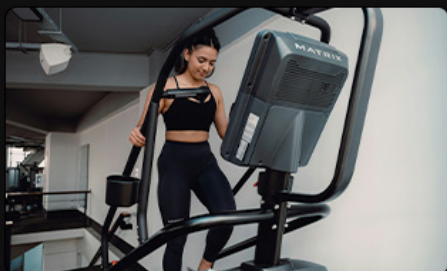
OUR SERVICES



FITNESS TRAINING



PERSONAL TRAINING



CARDIO



WEIGHT LOSS



WEIGHT GAIN



DIET & NUTRITION

PREMIUM MEMBERSHIP

PREMIUM ANNUAL:
₹18,000

All basic services with

- ★ Premium Welcome Kit
- ★ 15 Days free PT Session
- ★ Nutrition & Wellness Workshop
- ★ Free body Composition test every 3 Months
- ★ Personalized diet plan
- ★ Flexible Freeze Option
- ★ Personal locker
- ★ 1 free guest pass every month for friends/family.

PERSONAL TRAINING



BASIC:

Monthly:	₹ 5000
Quarterly:	₹ 10000
Half-yearly:	₹ 18000
Annual:	₹ 30000

ADVANCE:

Monthly:	₹ 6500
Quarterly:	₹ 13500
Half-yearly:	₹ 21500
Annual:	₹ 36000

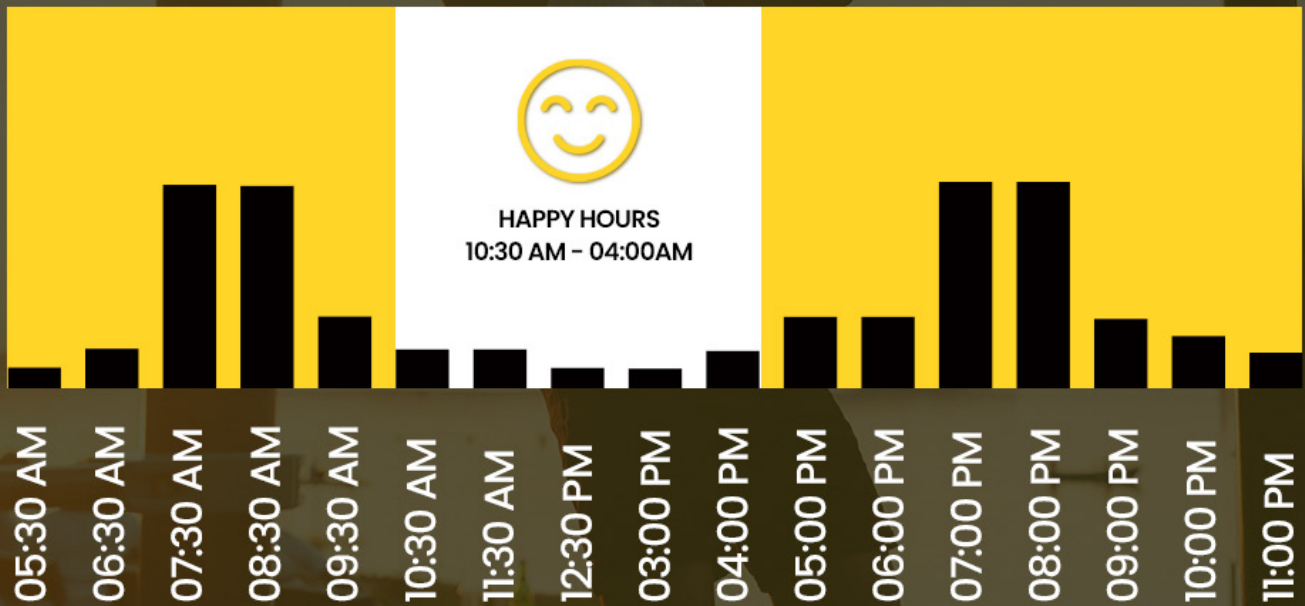
COMBO:

Monthly:	₹ 9000
Quarterly:	₹ 18000

BENIFITS OF PERSONAL TRAINING:

- 
- A person is shown in silhouette, performing a pull-up on a horizontal bar at a gym. The background is dark, with some gym equipment visible. The text is overlaid on the left side of the image.
- **Faster & Visible Results**
 - **Proper Form & Injury Prevention**
 - **Complete Personal Attention**
 - **Motivation & Accountability**
 - **Goal-Specific Training**
 - **Structured Workout Plan**
 - **Diet and Lifestyle Guidance**
 - **Faster Fat Loss & Muscle Gain**
 - **Confidence Boost & Mental Wellbeing**
 - **Progress Tracking & Assessment**

TIME GRAPH





SPARK FITNESS

Stronger choices. Stronger results.
DM to join today!



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